

Module 11, Lesson 1 Quiz:

Carbon Footprint

1. Evidence suggests that current food production, transport, land use, and urban design negatively impact both climate change, and:
 - a. Growth and development of newborns
 - b. Obesity outcomes**
 - c. Economic outcomes
 - d. Innovation and technology

2. As climate change progresses, so have certain illnesses. _____ is negatively linked to climate change and affects thousands of people worldwide.
 - a. Cancers
 - b. Osteoporosis
 - c. Diabetes**
 - d. Migraine headaches

3. Your _____ reflects how much greenhouse gases you, your family, your car, and pretty much all the things in your life give off. It reflects how much fossil fuels you are consuming.
 - a. Carbon Footprint**
 - b. Carbon Fingerprint
 - c. Oxygen Footprint
 - d. Oxygen Fingerprint

4. What are the 5 R's that are talked about when we discuss what we can do to help take care of the earth?
 - a. Resist, reduce, reuse, recycle, refuse
 - b. Refuse, reduce, reuse, recycle, reverse**
 - c. Respond, reduce, reuse, recycle, repeat
 - d. Recognize, reduce, reuse, recycle, reveal

5. Which diet is considered to be the most environmentally friendly?
- a. Whole 30
 - b. Macro counting
 - c. Carb cycling
 - d. Plant-based**