

## Module 12, Lesson 4 Quiz:

## Counseling a Group

- 1. Good group leaders are assertive. This means that they:
  - a. Are mindful to give all participants equal floor time
  - **b.** Ask probing questions and take the conversation to a deeper level
  - c. Intervene with quick redirection when things go in an unexpected direction
  - d. Demonstrate confidence and control situations to keep the group on track
- 2. Good group leaders are flexible. This means that they:
  - a. Demonstrate confidence and control situations to keep the group on track
  - b. Even if things don't go as planned, still deliver an amazing group experience
  - c. Use humor to keep the energy light and upbeat
  - **d.** Ask probing questions and take the conversation to a deeper level
- 3. If you want to draw a participant out and get them engaged and participatory, you might ask:
  - a. "How so?"
  - b. "Did you have breakfast today?"
  - c. "Where did you get the green beans?"
  - d. "Did you enjoy the workout?"
- 4. The stacking technique is used to organize the flow of a group, and you may hear:
  - a. "Mark talked about eating carrots at the tailgate and then Andrew suggested bringing a fruit plate"
  - b. "We'll have Mark go first and then Andrew, you're on deck to speak next."
  - c. "Does this topic raise any questions for anyone?"
  - d. "Who here has had a similar experience to Mark?"
- 5. What is the best way to handle latecomers in a group?
  - a. Do not allow them to join
  - b. Allow them to join but have them tell you why they're late
  - c. Allow them to join and catch them up immediately on what they missed
  - d. With consistency, in a way that works for the group and the group leader

