
Module 7, Lesson 1 Quiz:

Disordered Eating

1. When a person seriously restricts foods, she most likely is dealing with which of the following?
 - a. **Anorexia nervosa**
 - b. Bulimia nervosa
 - c. Binge eating disorder
 - d. Body dysmorphic disorder

2. When a person consumes a large quantity of food and does not compensate, she is most likely dealing with which of the following?
 - a. Anorexia nervosa
 - b. Bulimia nervosa
 - c. **Binge eating disorder**
 - d. Body dysmorphic disorder

3. If a person does not meet the criteria for an eating disorder according to the DSM-5, they may be put into a category called:
 - a. Anorexia nervosa
 - b. Body dysmorphic disorder
 - c. Binge eating disorder
 - d. **Other specified feeding or eating disorder**

4. A person meets all of the criteria for anorexia nervosa, except they do not have significant weight loss. They may be diagnosed with:
 - a. Body dysmorphic disorder
 - b. Binge eating disorder
 - c. **Atypical anorexia nervosa**
 - d. Pica

5. People who struggle with disordered eating may have a very difficult time with recovery and it is common for them to terminate their work without warning. One good strategy to keep this from happening is to:
 - a. Get them into a hospital as soon as possible
 - b. Make sure they have a family member to watch them eat each meal
 - c. **Communicate with their therapist to make sure you give consistent messaging**
 - d. Threaten them if they do not give up the behaviors that are making them sick