

Module 6, Lesson 3 Quiz:

Medications for Autoimmune Diseases

1. NSAID's are a common class of drugs, including Motrin and Ibuprofen that are prescribed often for people with autoimmune diseases. The trouble with them is that long term use may cause side effects. Which is not a common side effect from NSAID use?
 - a. Nausea and vomiting
 - b. Constipation and diarrhea
 - c. Bleeding and ulcers
 - d. **Lowered resistance to infections**

2. Prednisone is a corticosteroid that is often prescribed for certain autoimmune diseases. People often complain of _____ when they are on prednisone.
 - a. Fatigue
 - b. **Water retention and bloating**
 - c. Depression
 - d. Appetite suppression

3. It is important to understand medications for many reasons, including drug interactions and side effects. If a medication is said to be immunosuppressing, clients should be strongly reminded to:
 - a. Limit packaged and processed foods
 - b. Choose soft foods that are highly digestible
 - c. **Wash hands regularly**
 - d. Slow down when eating