

Module 5, Lesson 3 Quiz:

Hyperthyroid & Hypothyroid

- 1. With hyperthyroid disease, the body produces too much of the thyroid hormones. All of the following are symptoms of hyperthyroid disease, except:
 - a. Irritability
 - b. Muscle weakness
 - c. Trouble tolerating cold
 - d. Trouble sleeping
- 2. With hypothyroid, the body does not produce enough of the thyroid hormones. All of the following are symptoms of hypothyroid disease, except:
 - a. Exhaustion
 - b. Weight gain
 - c. A puffy or bloated face
 - d. Heat intolerance
- 3. Synthroid and levothyroxine are two common drugs to manage hypothyroid disease. What do these drugs resemble, in layperson's terms?
 - a. NSAIDs
 - b. Hormone replacement
 - c. Nutrition supplements
 - d. Stimulants
- 4. True or False. If thyroid diseases are left untreated in your clients, they may have severe consequences, including irregular heartbeat, stroke, heart failure or even death.
 - a. True
 - b. False

