

Module 4, Lesson 5 Quiz:

Diverticulitis

1. Pouches that form in the bowel that come from gas, stool or fluid are called:
 - a. Polyps
 - b. Diverticula**
 - c. Cysts
 - d. Follicles
2. Diverticulosis is very common in the United States. This is a condition where:
 - a. Pouches are inflamed and cause pain
 - b. People experience terrible pain in the lower left side of the abdomen
 - c. Pouches are not inflamed and may or may not be in pain**
 - d. Younger people tend to outgrow pouches in the Sigmoid colon
3. When someone is experiencing diverticulitis, they may experience all of the following symptoms except for which one?
 - a. Fever
 - b. Chills
 - c. Severe cramping
 - d. Vomiting**
4. If someone is experiencing diverticulitis, the short term diet that is usually recommended is:
 - a. Liquid diet for bowel rest**
 - b. Soft diet for bowel rest
 - c. Regular diet, high in fiber
 - d. The BRAT diet, to stop diarrhea

5. For people who have diverticular disease who are not in acute distress, it is recommended they follow a:
- a. Liquid diet for bowel rest
 - b. Soft diet for bowel rest
 - c. **Regular diet, high in fiber**
 - d. BRAT diet, to stop diarrhea