

Module 3, Lesson 6 Quiz:

The Male Aging Lifecycle

- 1. What determines the male aging cycle?
 - a. Andropause
 - b. Testosterone
 - c. Progesterone
 - d. Estrogen
- 2. Testosterone plays a major role in sexual health. When does testosterone peak?
 - a. Around 15
 - b. Around 20
 - c. Around 30
 - d. Around 50
- 3. As testosterone declines with age, what other changes do commonly we see?
 - a. Decreased fat mass
 - b. Increased bone mass
 - c. Increased cognitive decline
 - d. Increased estrogen production
- 4. True or False. Testosterone can increase the incidence of coronary heart disease and reduce immune function in males, which may be why testosterone can affect lifespan.
 - a. True
 - b. False

