
Module 3, Lesson 1 Quiz:

Cognitive Decline

1. According to research, scientists believe the brain fog associated with menopause is:
 - a. A myth and there is no scientific foundation to the claim
 - b. A permanent change that comes from estrogen loss
 - c. **A temporary condition that is due to hormonal fluctuations**
 - d. A clear indication of dementia

2. Brain imaging is a tool used to research dementia. When looking at a brain MRI of a person suffering from dementia, the photos reveal:
 - a. No significant change in imaging between a normal and a compromised brain
 - b. **The dementia brain shows physical changes in shape and coloring**
 - c. The dementia brain is smaller than the healthy brain
 - d. The dementia brain has more white matter than the healthy brain

3. Cognitive decline seems to begin _____ and _____ as we age.
 - a. **By our 30's, accelerates**
 - b. By our 30's, slows
 - c. By our 50's, accelerates
 - d. By our 50's, slows