

Module 2, Lesson 10 Quiz:
Weight Loss Procedures

1. Without preexisting medical conditions, bariatric surgery is generally approved for people with:
 - a. A BMI greater than 30
 - b. A BMI greater than 40**
 - c. A BMI greater than 35
 - d. A BMI greater than 45
2. Which bariatric surgery has been considered the “gold standard” in weight loss surgeries?
 - a. Sleeve gastrectomy
 - b. Adjustable gastric band
 - c. Roux-en-Y**
 - d. Orbera
3. Some weight loss procedures require no surgery, but they may not be appropriate for everyone considering them.
 - a. True**
 - b. False
4. In all of the weight loss procedures, the digestive tract is restricted or shortened. Which is the truest statement about dietary recommendations for clients who have had a weight loss procedure or surgery?
 - a. Each procedure is a little different but nutrient losses are the same in all of them because there is less surface area for absorption
 - b. Experiences and tolerances of foods vary among people so diets must be customized**
 - c. Most people can only handle a very small amount of food at a time and the only fluid that is tolerated is water
 - d. Weight loss surgeries are very safe and extremely successful for most people who have preexisting medical conditions