

Module 2, Lesson 7 Quiz:
Poverty & Food Deserts

1. Food deserts are linked to poverty, food insecurity and hunger. Food deserts are:
 - a. **Areas with little to no easy access to healthful foods like fruits, vegetables, whole grains and whole foods**
 - b. Areas with little to no easy access to healthful foods, but also an area that is hot and dry, which worsens health conditions
 - c. Areas with an abundance of unhealthful foods that are sold at reasonable prices but availability can be limited
 - d. Areas found in the suburbs with no healthful restaurants, food choices or safe drinking water

2. Which of the following is not true about food deserts?
 - a. Most people living in them don't have cars and live more than a mile from a market
 - b. Most people living in them are caught in a cycle of being sicker, more overweight and poorer
 - c. **There is less access to convenience stores and fast foods in a food desert**
 - d. There is a lot of attention focusing on the problems associated with food deserts and we're making strides to overcome the inequity

3. The areas without healthful food access are being studied and identified. There is a huge need for creative ways to solve health-related issues. Some things you can do to help are:
 - a. Plan a food drive
 - b. Support the rescue and distribution of imperfect foods
 - c. Offer a cooking demo
 - d. **All of the above**