

Module 2, Lesson 6 Quiz:

Obesogens

- 1. What are obesogens?
 - a. Molecules hidden in our cellular structure that can be turned on and store fat
 - b. Chemicals that disrupt the endocrine system and are linked to obesity
 - c. Compounds found in foods that are created from fats but disguised as healthy
 - d. Additives, preservatives and stabilizers in processed foods that are overriding our weight regulatory systems
- 2. Obesogens are found:
 - a. In the air through pollution
 - b. In our fabrics to make clothes softer
 - c. In our pipes that our water travels through
 - d. In pesticides found in our food
 - e. All of the above
- 3. Who is most inclined to be exposed to obesogens?
 - a. People living in the country
 - b. People living in the suburbs
 - c. People living in inner cities
 - d. People living in rural areas
- 4. Who is most at risk of obesogen exposure?
 - a. Children
 - b. Adults
 - c. Elderly
 - d. Menopausal women

