

## Module 2, Lesson 1 Quiz:

## **Obesity in America**

- 1. Obesity is an epidemic and we study it widely. In looking across the people struggling with overweight and obesity, where is most obesity found?
  - a. In the poorest spots
  - b. In the aging
  - c. In the western states
  - d. A & B
- 2. Some populations seem less prone to obesity and we're looking at factors such as genetics, lifestyle, and age to help us understand the contributing factors. What population struggles with obesity the least?
  - a. Hispanics
  - b. Asians
  - c. African Americans
  - d. Least educated
- 3. Currently, worldwide, the obesity rate has been:
  - a. Climbing
  - b. Reducing
  - c. Staying the same
  - d. All over the place
- 4. Annual medical costs from obesity-related illnesses:
  - a. Are in the thousands
  - b. Are in the millions
  - c. Are in the billions
  - d. Are in the trillions

