

Module 1, Lesson 4 Quiz:

Cholesterol Medications

- 1. Which of these is not a category of cardiac medication?
 - a. Resins
 - b. Statins
 - c. Fibrates
 - d. NSAIDS
- 2. There are two nutrients linked to cardiac health that are incorporated into prescription medications for their clinical benefits. What are they?
 - a. Thiamin and Riboflavin
 - b. Niacin and Omega 3 fatty acids
 - c. Vitamin A and Vitamin C
 - d. Folate and Vitamin B12
- 3. It is important that you are familiar with cardiac medications and prescriptions because:
 - a. It makes you look smart
 - b. It will serve you in making the decision to change their dosage
 - c. Knowing what meds do in the body may help you understand how best to help your client
 - d. Knowing what the meds do inside the body can help you figure out what recommendations you should make

